



UPPINGHAM SCHOOL SPORTS CENTRE

SWIM SCHOOL NEWSLETTER

SWIMMER OF THE MONTH



OCTOBER - Tillie



NOVEMBER - Barnaby

What's New,

In October we introduced "Swimmer of the Month" with our first winner Tillie who works so hard during her swimming lessons despite sometimes being a little nervous. November's winner was Barnaby who is enthusiastic and always asks lots of questions to help him progress. Keep a look out for our December winner.

We held our first swimming gala to end the term and what a great time all the children and teachers had. There were some amazing times, lots of smiling faces and fantastic support from the spectators. We hope to host another gala in the new year.

New Teachers,

We have welcomed Daryl our swim assistant to the team, and she will be supporting our teachers on Monday and Wednesday.



Adult Swimming Lessons,

Have you ever wanted to learn to swim? Or improve your stroke? Beginner and Improver lessons are available on a Thursday morning in the New Year with Poppy. Please ask at the reception for more details.

Ducks,

From the New Year the Friday Ducks swimming lesson has moved to a Thursday morning at 10:00, spaces are still available for children aged 2-3 years. This is a great way to start your child's swimming journey.

Social Media,

Please follow our Facebook – [Uppingham School Sports Centre](#) and Instagram - [_USSC](#) for all the latest swim school news.



FAQ

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Q – When will my child move up to the next stage?

A – Our teachers are continually assessing, and children will be moved up to the next stage once everything has been completed.

Q – Where can I find out the swim school term dates?

A – Our term dates are displayed on the swim school noticeboard located in the corridor opposite the squash courts.

Q – What is stroke week?

A – Stroke week was introduced after the summer, each week a particular stroke must be taught, and this is changed weekly, it helps the children to continually improve on all strokes and ensures that everything on the syllabus is taught.

Q – How can I access my child's progress?

A – Download the iscuba app, enter your email address and then click forgot password. Log in and the child's progress should be visible in a drop-down box.



Stage 6 winners

Gold -Oliver, Silver -Izzie, Bronze -Bella

Q – What do I need to do when my child has passed their stage?

A – Once a swimmer has completed their stage, they will be on the transfer list, head to the reception and choose a day/time that suits you for the next

Q – How many weeks is the next term of swim school and what are the dates?

A – 6 weeks of swim school from Monday 6th January – Sunday 16th February.

Q – What is the difference between a “full” and “only” swim school membership?

A – A “full” membership includes swimming lessons and full access to all our family and fun splash swims. An “only” membership includes just swimming lessons.

Q – Will there be another distance award week?

A – Yes, we will be hosting another awards week towards the end of the next term.



See you around the pool,

Lynette Harrison

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(Swim Manager)