

# REFORMER PILATES

## TIMETABLE

MON	
12:30	GEMMA

THU	
19:15	MONICA

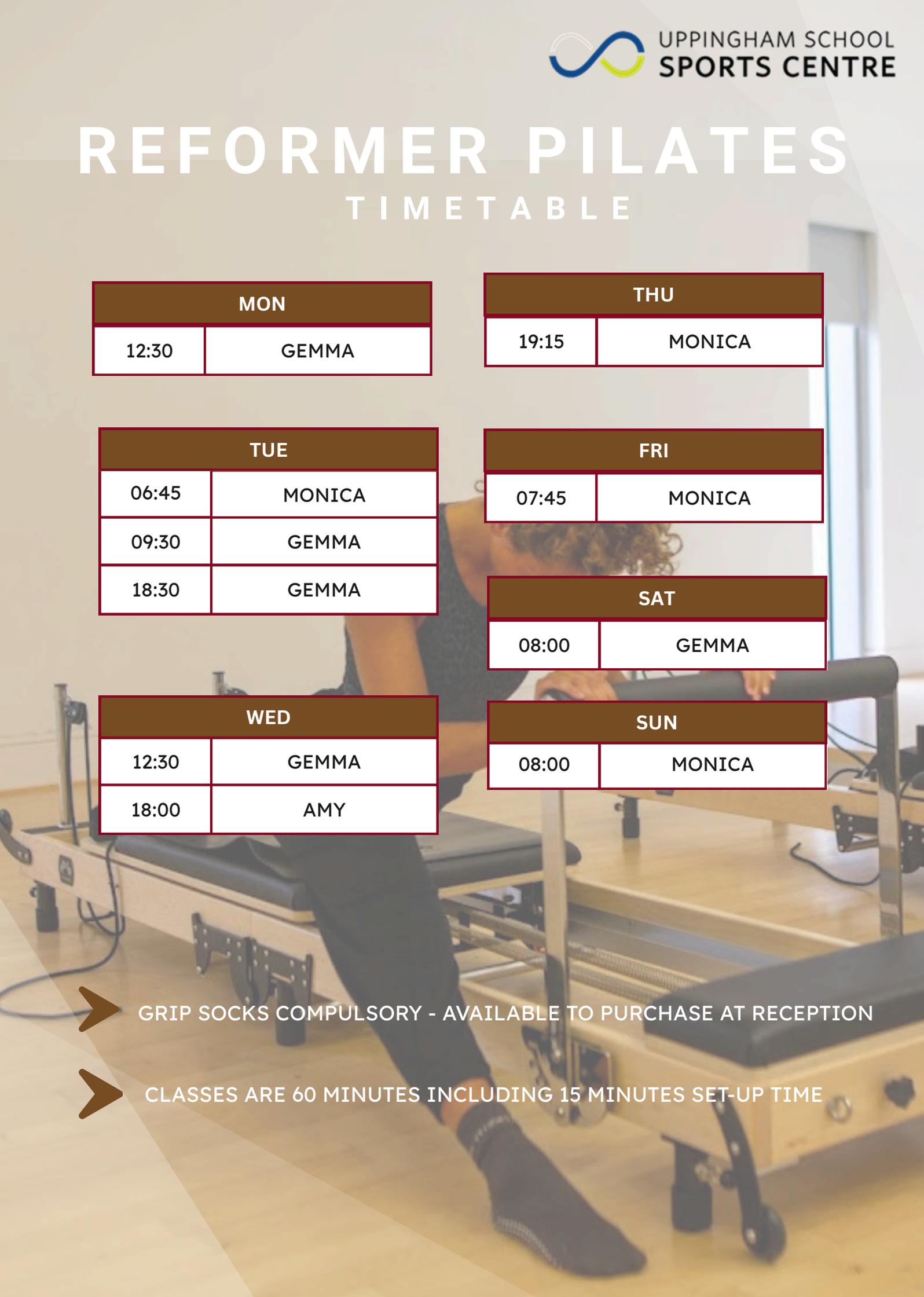
TUE	
06:45	MONICA
09:30	GEMMA
18:30	GEMMA

FRI	
07:45	MONICA

SAT	
08:00	GEMMA

WED	
12:30	GEMMA
18:00	AMY

SUN	
08:00	MONICA

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- GRIP SOCKS COMPULSORY - AVAILABLE TO PURCHASE AT RECEPTION
  - CLASSES ARE 60 MINUTES INCLUDING 15 MINUTES SET-UP TIME