Available in alternative formats on request



Please find enclosed information for facility access at USSC. Below are a list of other facilities and activities available at the centre. Should you require any further information please contact reception.

Opening Hours

 Monday
 07.00
 - 22.00hrs

 Tuesday
 07.00
 - 22.00hrs

 Wednesday
 07.00
 - 22.00hrs

 Thursday
 07.00
 - 22.00hrs

 Friday
 07.00
 - 20.00hrs

 Saturday
 08.00
 - 14.00hrs

 Sunday
 08.00
 - 20.00hrs

Classes, Courses and Pricing

A variety of exercise classes and courses are available throughout the year. Our facilities are also available to hire. Visit our website or contact us for more information.

Fitness classes and courts can be booked online via our website.

For all pricing and access information please refer to our website or at reception.



To book a class using our new booking system and app

Classes can be booked by using our online booking system or app. Visit https://ussc.uppingham.co.uk/stellar2/start.php or download the 'iScuba' app from the app or google play store.

Table Tennis, Badminton and Squash Courts All courts can be booked through reception

during our normal opening hours.

Tennis

Tennis courts will be available from 30th March to the start of the autumn term.

Restrictions

The centre will be closed on Friday 28th June (Speech Day)

Bank Holidavs

The centre will be open 08:00-14:00 on bank holidays. For specific activity information on banks holidays please check at reception and on the website.

Term Dates

The holiday timetable will be used between the following dates: 22nd July - 25th August 21st October - 3rd November 16th December - 5th January 2025

Accessibility

Please visit our website via the following link to view our accessible facilities and services we provide. All our members and pay and play sessions provide equal access to all. www.sportscentre.uppingham.co.uk/ Accessibility







For information about membership please contact:
Uppingham School Sports Centre, Leicester Road, Uppingham, Rutland LE15 9SE
www.sportscentre.uppingham.co.uk ussc@uppingham.co.uk 01572 820830

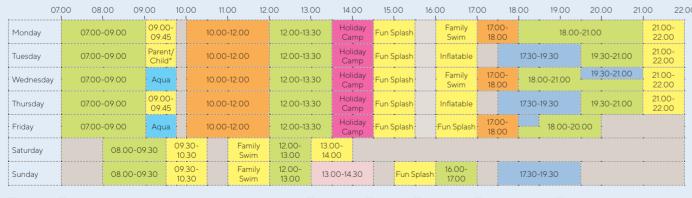
For details of our Terms and Conditions please visit our website.
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Swimming Pool Timetable (Term Time)



Swimming Pool Timetable (Holiday Time)



Members Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Darty Hire Dublic, F/S Fun Splash, France Swim School Darty Hire Dublic, F/S Fun Splash, France Swim School Darty Hire Dublic, F/S Fun Splash, France Swim School Darty Hire Dublic, F/S Fun Splash, France Swim School Darty Hire Dublic, F/S Fun Splash, France Swim School Darty Hire Dublic, F/S Fun Splash, France Swim Splash, Fra

Aqua Holiday Camp Centre Closed

See back page for Term Time and Holiday Time dates

Fitness Studio Timetable

	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00	
Monday				07.0	00-14.30				17.30-22.00								
Tuesday		07.00-14.30								18.00-22.00							
Wednesd	1	•			00-14.30			-	1730-22.00								
Thursday		07.00-14.30								18.00-22.00							
Friday		07.00-14.30										17.3	30-20.00				
Saturday				(08.00-14.00)			•		•	-		-			
Sunday		08.00-20.00															

