

## Swimming Pool Timetable (TermTime)

|                         | 06:30                      | 07:00 | 07:30 | 08:00                      | 08:30 | 09:00                           | 09:30 | 10:00            | 10:30 | 11:00            | 11:30                    | 12:00                      | 12:30                   | 13:00                   | 13:30            | 14:00            | 14:30                       | 15:00 | 15:30                      | 16:00 | 16:30         | 17:00                   | 17:30         | 18:00                   | 18:30                   | 19:00 | 19:30         | 20:00                                            | 20:30            | 21:00 |
|-------------------------|----------------------------|-------|-------|----------------------------|-------|---------------------------------|-------|------------------|-------|------------------|--------------------------|----------------------------|-------------------------|-------------------------|------------------|------------------|-----------------------------|-------|----------------------------|-------|---------------|-------------------------|---------------|-------------------------|-------------------------|-------|---------------|--------------------------------------------------|------------------|-------|
| Monday                  | Lane Swim<br>06:30 - 09:00 |       |       |                            |       | Public<br>09:00 - 09:45         |       | Uppingham School |       |                  |                          | Lane Swim<br>12:00 - 13:30 |                         | Primary School          |                  | Uppingham School |                             |       | Swim School                |       |               |                         |               |                         | Public<br>19:30 - 20:30 |       |               | Uppingham School<br>Public Swim<br>20:30 - 21:30 |                  |       |
| Tuesday                 | Lane Swim<br>06:30 - 09:00 |       |       |                            |       | Aqua                            |       | Primary School   |       | Uppingham School |                          | Lane Swim<br>12:30 13:30   |                         | Public<br>13:30 - 14:30 |                  | Uppingham School |                             |       |                            |       | External Hire |                         |               | Public<br>19:30 - 21:30 |                         |       |               |                                                  |                  |       |
| Wednesday               | Lane Swim<br>06:30 - 09:00 |       |       |                            |       | Parent & Child<br>09:00 - 09:45 |       | Uppingham School |       |                  |                          | Lane Swim<br>12:00 - 13:30 |                         | Primary School          |                  | Uppingham School |                             |       | Swim School                |       |               |                         |               | Public<br>19:00 - 21:30 |                         |       | External Hire |                                                  | Uppingham School |       |
| Thursday                | Lane Swim<br>06:30 - 09:00 |       |       |                            |       | Aqua                            |       | Swim School      |       |                  | Lane Swim<br>11:30 13:00 |                            | Public<br>13:00 - 14:30 |                         |                  | Uppingham School |                             |       |                            |       | External Hire |                         |               | Public<br>19:30 - 21:30 |                         |       |               |                                                  |                  |       |
| Friday                  | Lane Swim<br>06:30 - 09:00 |       |       |                            |       | Public<br>09:00 - 09:45         |       | Uppingham School |       |                  |                          | Lane Swim<br>12:00 - 13:30 |                         | Primary School          |                  | Uppingham School |                             |       | Swim School                |       |               | Public<br>18:00 - 20:00 |               |                         |                         |       |               |                                                  |                  |       |
| Saturday                |                            |       |       | Lane Swim<br>08:00 - 09:00 |       | Swim School                     |       |                  |       |                  |                          | Public<br>12:30 14:00      |                         |                         | Uppingham School |                  |                             |       |                            |       |               |                         |               |                         |                         |       |               |                                                  |                  |       |
| Sunday                  |                            |       |       | Lane Swim<br>08:00 - 09:00 |       | Swim School                     |       |                  |       |                  |                          | Party Hire                 |                         |                         |                  |                  | Fun Splash<br>15:00 - 16:00 |       | Lane Swim<br>16:00 - 17:00 |       |               |                         | External Hire |                         |                         |       |               |                                                  |                  |       |
| Public<br>09:00 - 13:00 |                            |       |       |                            |       |                                 |       |                  |       |                  |                          |                            |                         |                         |                  |                  |                             |       |                            |       |               |                         |               |                         |                         |       |               |                                                  |                  |       |

## Fitness Studio Timetable

|           | 06:30         | 07:00 | 07:30 | 08:00         | 08:30 | 09:00 | 09:30 | 10:00 | 10:30 | 11:00 | 11:30 | 12:00 | 12:30 | 13:00 | 13:30 | 14:00 | 14:30 | 15:00 | 15:30 | 16:00 | 16:30 | 17:00         | 17:30 | 18:00 | 18:30 | 19:00 | 19:30 | 20:00 | 20:30 | 21:00 |  |  |  |
|-----------|---------------|-------|-------|---------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|-------|-------|-------|-------|--|--|--|
| Monday    | 06:30 - 14:00 |       |       |               |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       | 17:30 - 21:30 |       |       |       |       |       |       |       |       |  |  |  |
| Tuesday   | 06:30 - 14:00 |       |       |               |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       | 17:30 - 21:30 |       |       |       |       |       |       |       |       |  |  |  |
| Wednesday | 06:30 - 14:00 |       |       |               |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       | 17:30 - 21:30 |       |       |       |       |       |       |       |       |  |  |  |
| Thursday  | 06:30 - 14:00 |       |       |               |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       | 17:30 - 21:30 |       |       |       |       |       |       |       |       |  |  |  |
| Friday    | 06:30 - 14:00 |       |       |               |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       | 17:30 - 21:30 |       |       |       |       |       |       |       |       |  |  |  |
| Saturday  |               |       |       | 08:00 - 14:00 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |               |       |       |       |       |       |       |       |       |  |  |  |
| Sunday    |               |       |       | 08:00 - 20:00 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |               |       |       |       |       |       |       |       |       |  |  |  |

