

Swimming Pool Timetable (TermTime)

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00
Monday	Lane Swim 06:30 - 09:00				Public 09:00 - 09:45		Uppingham School				Lane Swim 12:00 - 13:00		Primary School		Uppingham School		Swim School						Public 19:30 - 20:30		Uppingham School Public Swim 20:30 - 21:30					
Tuesday	Lane Swim 06:30 - 09:00				Aqua		Primary School		Uppingham School		Lane Swim 12:30 - 13:30		Public 13:30 - 14:30		Uppingham School				External Hire				Public 19:30 - 21:30							
Wednesday	Lane Swim 06:30 - 09:00				Parent & Child 09:00 - 09:45		Uppingham School				Lane Swim 12:00 - 13:30		Primary School		Uppingham School		Swim School				Public 19:00 - 21:30									
Thursday	Lane Swim 06:30 - 09:00				Aqua		Swim School		Lane Swim 11:30 - 13:00		Public 13:00 - 14:30		Uppingham School				External Hire				Public 19:30 - 21:30									
Friday	Lane Swim 06:30 - 09:00				Public 09:00 - 09:45		Uppingham School				Lane Swim 12:00 - 13:30		Primary School		Uppingham School		Swim School		Public 18:00 - 20:00											
Saturday					Lane Swim 08:00 - 09:00		Swim School				Public 12:30 - 14:00		Uppingham School																	
Sunday					Lane Swim 08:00 - 09:00		Swim School				Party Hire				Fun Splash 15:00 - 16:00		Lane Swim 16:00 - 17:00		External Hire											

Fitness Studio Timetable

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00
Monday	06:30 - 14:30																				17:30 - 21:30									
Tuesday	06:30 - 14:30																				18:00 - 21:30									
Wednesday	06:30 - 14:30																				17:30 - 21:30									
Thursday	06:30 - 14:30																				18:00 - 21:30									
Friday	06:30 - 14:30																				17:30 - 20:00									
Saturday			08:00 - 14:00																											
Sunday			08:00 - 20:00																											

