

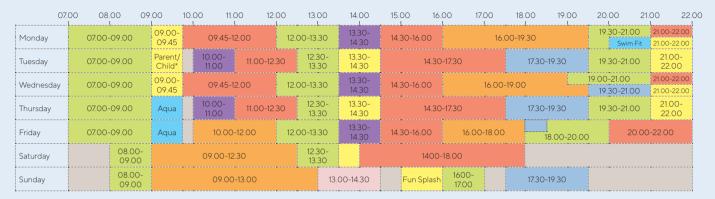




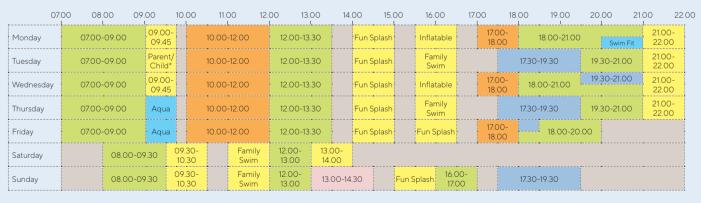


FACILITY TIMETABLE FROM JANUARY 2024

Swimming Pool Timetable (Term Time)



Swimming Pool Timetable (Holiday Time)



Members Public, F/S Fun Splash, Family Swim, Parent & Child Swim - under 5s Swim School Party Hire External Hire Uppingham School Primary Schools

Aqua Centre Closed

See back page for Term Time and Holiday Time dates

Fitness Studio Timetable

4	07.00 L	08.00 L	09.00 I	10.00	11.00 I	12.00 I	13.00 I	14.00 L	15.00	16.00	17.00 I	18.00 I	19.00 I	20.00	21.00 I	22.00 I	
Monday		07.00-14.00							1730-22.00								
Tuesday		07.00-14.00							17.30-22.00								
Wednesd	day	07.00-14.00							17.30-22.00								
Thursday		07.00-14.00										17.30-22.00					
Friday				07.00	-14.00							17.3	0-20.00				
Saturday		08.00-14.00															
Sunday		08.00-20.00															







Available in alternative formats on request

Please find enclosed information for facility access at USSC. Below are a list of other facilities and activities available at the centre. Should you require any further information please contact reception.

Opening Hours

Monday	07.00 - 22.00hrs	
Tuesday	07.00 - 22.00hrs	
Wednesday	07.00 - 22.00hrs	
Thursday	07.00 - 22.00hrs	
Friday	07.00 - 20.00hrs	
Saturday	08.00 - 14.00hrs	
Sunday	08.00 - 20.00hrs	

Classes, Courses and Pricing

A variety of exercise classes and courses are available throughout the year. Our facilities are also available to hire. Visit our website or contact us for more information.

Fitness classes and courts can be booked online via our website.

For all pricing and access information please refer to our website or at reception.



To book a class using our new booking system and app

Online by visiting www.ussc.uppingham.co.uk Download and use the 'iScuba' app selecting 'Uppinham School Sports Centre'.

Table Tennis, Badminton and Squash Courts

All courts can be booked through reception during our normal opening hours.

Tennis

Tennis courts will be available from 30th March to the start of the autumn term.

Restrictions

The centre will be closed on Friday 28th June (Speech Day)

Bank Holidays

The centre will be open 08:00-14:00 on bank holidays with the exception of Monday 6th May when normal opening hours will apply. For specific activity information on banks holidays please check at reception and on the website.

Term Dates

The holiday timetable will be used between the following dates: 19th February – 25th February 25th March – 7th April 27th May – 2nd June 22nd July – 25th August

Accessibility

Please visit our website via the following link to view our accessible facilities and services we provide. All our members and pay and play sessions provide equal access to all. www.sportscentre.uppingham.co.uk/ Accessibility

For information about membership please contact:
Uppingham School Sports Centre, Leicester Road, Uppingham, Rutland LE15 9SE
www.sportscentre.uppingham.co.uk ussc@uppingham.co.uk 01572 820830

For details of our Terms and Conditions please visit our website.
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